

Coronavirus Update



Updated April 2020

YOU SHOULD

- Clean your hands often with soap and water or hand sanitizer.
- Avoid close contact. Put distance between yourself and others and stay home as much as possible.
- Cover your coughs and sneezes.
- Clean and disinfect frequently touched surfaces daily.



COVER YOUR FACE

- You could spread COVID-19 to others even if you do not feel sick.
- You should cover your face when you go out in public, for example to the grocery store. Do not cover the face of children under age 2.
- Do NOT use a face mask meant for a healthcare worker.
- Covering your face is not a substitute for social distancing.



Visit www.cdc.gov/coronavirus and click on the “Cloth Face Covers” link for more information about making and caring for your face mask.

For more information, visit www.cdc.gov/coronavirus.

If you think you are sick with the Coronavirus, call Clinch Family Practice at 912.470.2273 or contact the Emergency Room at 912.487.5211, Ext. 4544.